



## Salads

<b>Quinoa &amp; Feta</b>	15.0
tricolour quinoa + roasted sweet potato + feta + marinated purple onion + chia seeds + seasonal salad mix + balsamic & honey dressing (GF, NF, V, VG available)	
<b>CBE</b>	16.0
chicken + bacon + egg + seasonal salad mix + caesar dressing (GF, NF)	
<b>Scandinavian Smoked Salmon</b>	18.0
smoked salmon + egg + capers + dill + edamame beans + peas + seasonal salad mix + seeds & nuts + dill & mustard dressing (GF, LF)	
<b>Mediterranean</b>	15.0
feta + olives + sundried tomatoes + red onion + roasted & marinated vegetables + basil + seasonal salad mix + greek dressing (GF, NF, V, VG available)	
<b>Retro</b>	15.0
local ham + egg + beetroot + pickled onion + gerkins + cheddar cheese + lettuce + tomato + cucumber + mustard & poppy seed old fashioned dressing (NF, GF)	
<b>Panko Chicken Ceasar</b>	17.0
panko chicken + bacon + egg + croutons + parmesan + lettuce + caesar dressing (NF)	

All salads served with homemade bread. Salads may vary due to seasonal availability

## Extras

chicken	4.0	croutons	1.0
bacon	3.0	seed & nut mix	1.0
egg	1.0	feta	2.0

GF - Gluten Free, NF - Nut Free, LF - Lactose Free, V - Vegetarian, VG - Vegan

Please order at the counter

## Breakfast - Served until 11am

### Eggs Blowering

poached eggs + bacon + roasted tomato + sourdough bread (NF) 16.0

### Eggs Jounama

poached eggs + bacon + herb hollandaise + sourdough bread (NF) 18.0

### Eggs Talbingo

poached eggs + smoked salmon + spinach + herb hollandaise + sourdough bread (NF) 20.0

### Lobs Hole Bowl

tricolour quinoa + beans + roasted vegetables + greens + poached egg + feta + seeds & nuts (GF, V, VG available) 16.0

### Happy Jacks Granola

homemade granola + greek yogurt + fruit compote + fresh fruit (V) 14.0

## Sandwiches

### Open Smoked Salmon

smoked salmon + cream cheese + cucumber + egg (NF) 13.0

### Open Mediterranean

pesto + roasted tomato + feta + basil (V) 11.0

### The Alan

local ham + cheddar cheese + roasted tomato (NF) 9.5

### The Fred

local corned beef + cheddar cheese + zucchini pickles + russian mayonnaise (NF) 10.5

### The Sam

chicken + bacon + tomato + purple onion + lettuce + aioli (NF) 12.0

### Add salad

seasonal salad mix + dressing 5.0

## Drinks

			Small	Large
Espresso	2.5	Cappuccino	4.0	5.0
Double Espresso	3.5	Flat White	4.0	5.0
Long Black	3.5	Latte	4.0	5.0
Iced Latte	4.5	Mocha	4.5	
Iced Tea	5.0	Hot Chocolate	4.0	
Iced Coffee	5.5	Chai Latte	4.5	
Iced Chocolate	5.5	Leaf Tea	3.5	
Smoothie Banana Berry	7.5			